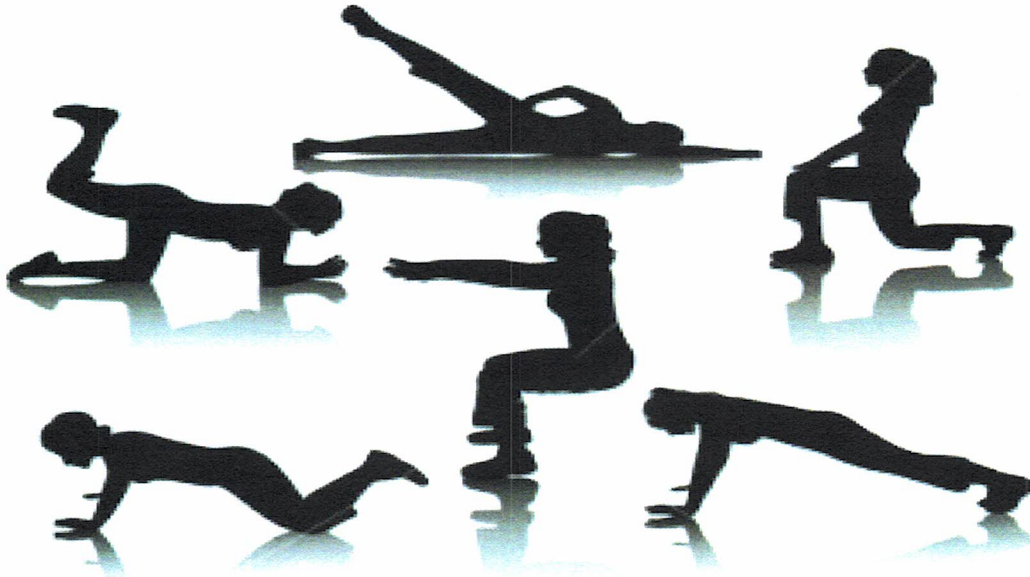




# CORE STRONG-INSIDE & OUT



## FOR TEENS 13-17 YEARS OF AGE

|               |  |
|---------------|--|
| <b>WHEN:</b>  | <b>Mondays from November 27<sup>th</sup> to December 20<sup>th</sup></b> |
| <b>TIME:</b>  | <b>3:30pm to 4:30pm</b>  |
| <b>WHERE:</b> | <b>Tarrytown Fitness Center</b>  |
| <b>FEE:</b>   | <b>\$60</b>  |

Strength & Stretch, Hit, Movement & Mindfulness

Empowerment through Movement

Strong Bodies – Strong Minds

**FUN \* FIT \* FABULOUS \***

For more information or to register, please contact the Tarrytown Recreation Department

@ 914-909-1183 OR email: [igonzalez@tarrytowngov.com](mailto:igonzalez@tarrytowngov.com).

# YOUTH CORE STRONG - INSIDE & OUT

Name of Child: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Circle: Male Female

Name of Parent or Guardian: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Name & Number #: \_\_\_\_\_

**FEE: \$60 non-refundable**

**WHEN: Mondays, November 27<sup>th</sup> to December 20<sup>th</sup>**

**TIME: 3:30pm to 4:30pm**

**WHERE: Tarrytown Fitness Center**

**Make Checks Payable to: TARRYTOWN RECREATION**

**Mail Registration Form to: Tarrytown Recreation Department  
PO Box 292  
Tarrytown, New York 10591**

**For more information, please contact The Tarrytown Recreation Department @ 914-909-1183**

**Waiver of Liability:**

I hereby agree to hold harmless the Village of Tarrytown, the Board of Trustees thereof, the agents, employees and volunteers from any claim whatsoever, for property damage or physical injury that I or my child may sustain as a result of my participation in any of the recreation activities in the Village of Tarrytown.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent or Guardian)